



SPRING 2024 CURRICULUM COMPANION

TOWN OF OAKVILLE
PROGRAMS AND
ACTIVITIES

INSIDE:

- CIVIC ENGAGEMENT, PAGE 32
- OAKVILLE SOCCER CLUB, PAGE 42
- OAKVILLE TRANSIT CHARTER
BUSING, PAGE 48

INTRODUCTION

TABLE OF CONTENTS

Community Foundation	3
Performing Arts	4
Studio Arts.....	6
Oakville Galleries.....	15
Oakville Museum	22
Oakville Public Library....	28
Civic Engagement	32
Fire Education	34
Fitness & Recreation	37
Swim Programs.....	40
Oakville Soccer Club ...	42
Youth Services	44
Planning Your Visit.....	46
Oakville Transit Busing..	48

Allow your curriculum to come alive with the Town of Oakville's school programming opportunities.

With unique program options, students can experience hands-on learning in performing arts, studio arts, fitness, recreation, youth education, heritage programs, and more.

Enjoy state-of-the-art facilities and amenities. Programs complement existing curriculum with lesson plans provided. Custom options available to suit your teaching needs.

Please note that the information in this booklet was current at the time of printing and is subject to change.

The Oakville Community Foundation's Community Classroom is available for the 2024 school year with free programming to support the curriculum.

To access available programming and learn more about Community Classroom, please visit <https://teachers.theocf.org>.





LEARNING
WITH
THE



Literacy, numeracy and other curricula come alive for students with the **TD Learning with the Arts** program. We're committed to bringing the excitement of high-quality live and livestream theatre, music and dance to Halton and area and students and teachers, providing inspiring experiences that support their creative development.

The objective of the program is to complement the school curriculum and provide an enriched cultural experience for students as a part of their educational journey. We hope that through this experience, students develop an understanding of, and an appreciation for, the arts.

Programs are geared toward elementary and secondary school curriculum.

Location:

Oakville Centre for the Performing Arts, Online

For more information about school performances, visit <https://www.oakvillecentre.ca/whats-on/school-performances>.

360 ALLSTARS

Thursday, May 2, 2024 at 1 p.m.

BMX, basketball, breakdancing, acrobatics, drumming and more – the international smash hit returns!

A phenomenal physical performance exploring all forms of rotation, 360 ALLSTARS connects the street with the elite to deliver a supercharged urban circus. Boasting a stellar international cast of World Champion and World Record-holding athletes and artists, 360 ALLSTARS is a spectacular fusion of the extraordinary artistry that emerges from street culture.

Curriculum Connections:

- Sports, Movement and Fitness, Performance, Grades 2 to 12

Duration: 50-60 minutes plus Question and Answer Period

Fee: \$5 per student



Art, critical thinking and creativity!

Queen Elizabeth Park Community and Cultural Centre (QEPCCC) is a unique multi-purpose recreation, arts and culture facility. We have fine art, ceramics, woodworking, theatre and dance studios, as well as a gallery, museum space and aquatics centre, with a rock climbing wall and gymnasiums. Fully accessible.

For Students

Through your visit, students have an opportunity to explore diverse exhibitions and gallery spaces and enjoy hands-on studio experiences. Our School Programs meet Ontario Curriculum objectives through creative experiential learning outside the classroom. Lesson plans are available online.

For Professional Development and Team Building

Book a professional development program in our art studios. Choose from our existing two-hour visual arts programs to complement your curriculum or corporate objectives. We will teach you visual literacy as well as new techniques to build strong business teams.

For Groups and Clubs

Learn and earn! Brownies, Guides, Cubs and Scouts are welcome to book an evening of art, music or drama to work towards badges. Through fun activities, we promote cultural understanding across the arts.

Location:

QEPCCC, 2302 Bridge Road

Contact:

Please fill out the online Oakville School Bookings form (<https://www.oakville.ca/school-group-programs-request-form>) to help us understand your booking request.

Clay Sculpting

Students use hand-building construction and clay sculpting methods including pinching, coiling, sculpting and surface decoration to make unique objects. Ceramics work will be available up to three weeks after the program.

JK/SK – Animal Habitats

JK to Grade 3 – Insects, Flower Vase or Bowl

Grades 4 to 8 – Patio Lantern, Mug or Mask (Greek, Medieval, Pop Culture, Superhero)

Curriculum Connections:

- The Arts Grades 1 to 8
- Science and Technology Grades 1, 2, 3, 5, 6
- Social Studies Grade 4
- Language Arts Grades 7 and 8

Duration: 2 hours

Fee: \$14.01 per student (includes material fee)

Maximum group size: 30 students (minimum 12)

Available: Year-round





Clay Wheel Throwing

The session focuses on the fundamentals of clay throwing techniques. Your students will be provided a general introduction to basic skills and the subtle aspects of wheel throwing.

Curriculum Connections:

- The Arts Grades 9 to 12

Duration: 2 hours

Fee: \$14.01 per student (includes material fee).

Maximum group size: 12 students (minimum 12)

Available: Year-round

Digital Arts

Learn how to use Photoshop, uncover the basic principles of graphic design, and create art projects with a Mac as your digital canvas.

Grade 6 – Environmental Photo Montage
Grades 7 and 8 – Graphic Posters

Curriculum Connections:

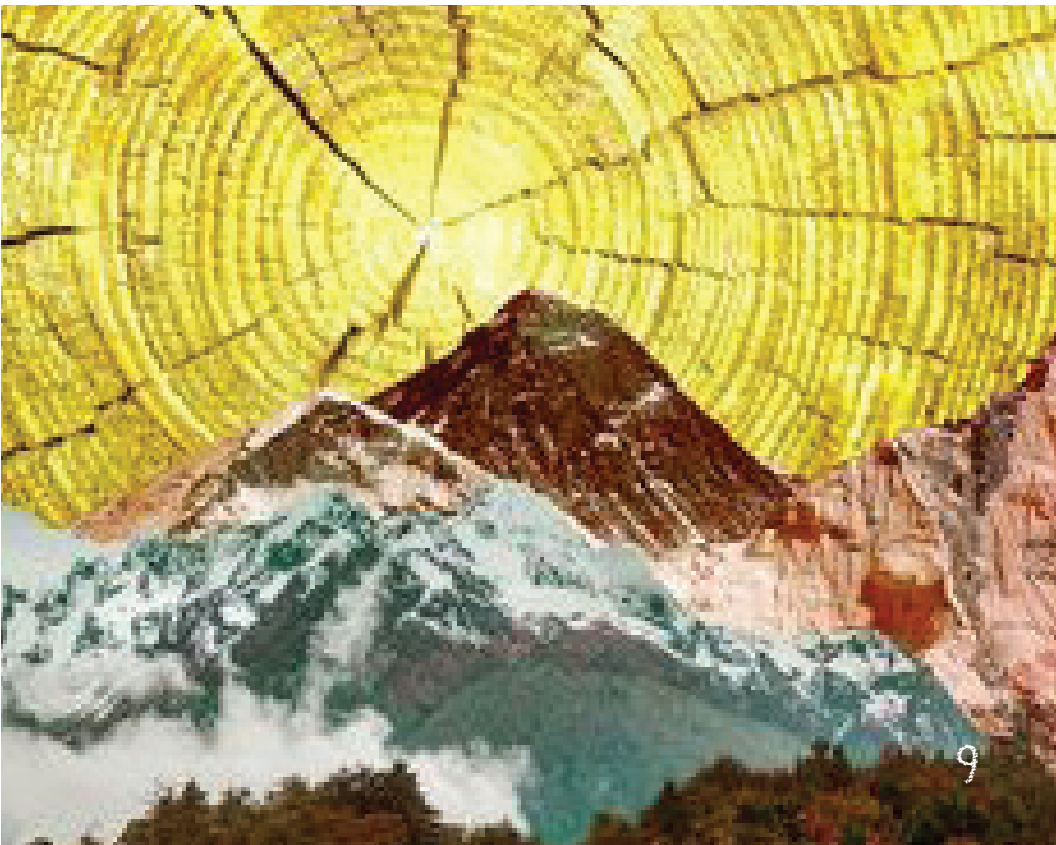
- The Arts Grades 6 to 8
- Science and Technology Grade 6

Duration: 2 hours

Fee: \$12.37 per student (includes material fee)

Maximum group size: 24 students (minimum 12); students work in pairs at computers.

Available: Year-round





Drawing and Painting

Introduction to drawing and painting techniques including composition, colour and form. Use pencil and acrylic paint on canvas to explore creativity and develop technical skill.

Grades 1, 3, 4 – Flowers and Plants

Grades 2, 5 – Pet Portraits

Grades 6, 7, 8 – Still Lifes

Curriculum Connections:

- The Arts Grades 1 to 8

- Science and Technology Grades 1 to 8

Duration: 2 hours

Fee: \$12.37 per student (includes material fee)

Maximum group size: 30 students (minimum 12)

Available: Year-round

Improvisation

Using spontaneity and storytelling, students embrace the ideas of others to come up with creative responses. This program is led by a contracted company. Due to the physical and expressive nature of the experience, the program providers kindly request that teachers actively participate.

Curriculum Connections:

- The Arts, Drama Grades 3 to 12
- Language Arts, Oral Communication Grades 3 to 12

Duration: 2 hours

Fee: \$14.01 per student (includes material fee)

Maximum group size: 30 students (minimum 12)

Available: Year-round





Life Drawing with Clothed Model

Portfolio-building, learning gesture drawing techniques, exploring materials, and critiques are emphasized. Book *Life Drawing 1* with *Life Drawing 2* for a full-day college-level program.

Life Drawing 1

Produce multiple drawings through practice and immersion while applying new skills. Using conté and charcoal on newsprint, drawing exercises will cover a variety of short poses.

Life Drawing 2

Learn proportion techniques and understand shapes while working on composition. Longer poses focus on line and tone with an introduction to colour. Create a portfolio piece using charcoal and conté on cartridge paper.

Pre-requisite: Life Drawing 1

Curriculum Connections:

- The Arts Grades 9 to 12
- Science and Technology Grades 9 to 12

Duration: 2 hours

Fee: \$15.63 per student (includes material fee)

Maximum group size: 30 students (minimum 12)

Available: Year-round

Print Making

A collagraph is a print taken from a collaged plate that has been rolled with ink. This program explores making plates using Bristol board, then inking them and hand-printing on paper.

Grades 1, 3, 4 – Flowers and Plants

Grades 2, 5 – Insect Collagraph

Grades 6 to 8 – Pop Culture Collagraph

Curriculum Connections:

- The Arts Grades 1 to 8
- Science and Technology Grades 1 to 5
- Language Arts Grades 6 to 8

Duration: 2 hours

Fee: \$12.37 per student (includes material fee)

Maximum group size: 30 students (minimum 12)

Available: Year-round





Woodworking Assemblage and Sculpture

Students discover how structures and mechanisms are built. They learn about wood as a sculptural material to build their structures. All hand work; no use of machines or heavy equipment.

Grades 1 to 3 – Marble Run

Grades 1 to 6 – Wood Wobots

Grades 6 to 8 – Wood Towers

Curriculum Connections:

- The Arts: Grades 1 to 8
- Science and Technology Grades 1 to 8

Duration: 2 hours

Fee: \$12.37 per student (includes material fee

Maximum group size: 15 students (minimum 12)

Available: Year-round

OAKVILLE GALLERIES

Oakville Galleries offers innovative field trips and in-class visits that make contemporary arts accessible and engaging for all students of all ages. Enrich your curriculum with hands-on workshops taught by professional art instructors.

With a commitment to fostering artistry, confidence, and critical thinking skills, our programs allow students to analyze, discuss, and create works of art. Students are encouraged to experiment with new ideas and specialized materials.

Our programs are designed to promote inquiry-based learning; to support the development of students' collaborative and innovative learning abilities; and to emphasize both big ideas and interdisciplinary engagement.

With the Province of Ontario's Visual Arts curriculum and the creative process at the forefront of our offerings, select programs also integrate strands from History, Geography, Language, Science and Technology, and Social Studies.

Location: In your classroom or on site at Gairloch Gardens (1306 Lakeshore Road East).

Contact:

education@oakvillegalleries.com

Duration: Full day (10 a.m. to 2 p.m.)

Fee: On site, \$14 per student (minimum fee of \$300 applies).

In your classroom, \$17 per student (minimum fee of \$350 applies).

OAKVILLE GALLERIES



On-site Gallery Tour with Art Workshop – Grades 7 to 12

Make your visit even more interactive by booking a tour accompanied by a customized hands-on art-making project related to our exhibitions. Projects are based on the current exhibitions and are subject to change.

Available February 3 to June 1, 2024:

- At Centennial Square, Sung Tieu – *Civic Floor*
- At Gairloch Gardens, Tarik Kiswanson – *Prelude*

Visit <https://www.oakvillegalleries.com> for more information about our exciting exhibitions and potential classroom connections.

Curriculum Connections:

- Visual Arts

Want to visit the gallery but not take part in a program? Gallery admission is free with tours offered all year-round. Contact the Education Department directly to book your visit.

Clay: Mask Making – Grades 1 to 12

Students will explore examples of modern and contemporary traditions of making masks across various cultures. Students will learn clay hand-building techniques for adding volume and surface texture as they work with clay to create their unique masks.

Clay pieces are not kiln-fired. Students should bring shoeboxes to transport work back to school.

Curriculum Connections:

- Visual Arts, Canadian and World Studies, First Nations/Métis/Inuit Studies, Geography, History, Social Studies

Digital Arts: Stop Motion Animation – Grades 4 to 8

Learn how to create a stop motion animation! Students will begin by creating a narrative for their film by assembling a storyboard. They will then hand-build their characters, create sets and props from a variety of materials. Students will use digital cameras and tripods to shoot images for each scene of their movie. Edited movies can take up to two weeks to be edited and sent to the booking contact.

Curriculum Connections:

- Visual Arts, Language, History, Social Studies





Mixed Media: Landscape Explorations – Grades 1 to 8

Students will take inspiration from the surrounding natural environment at Gairloch Gardens to create their own landscapes.

Using shape, form, texture and colour, students will create a layered landscape while considering composition and the critical relationship between light and colour.

Curriculum Connections:

- Visual Arts, Canadian and World Studies, First Nations/Métis/Inuit Studies, Geography, History, Social Studies

Mixed Media: Art Action Plan – Grades 7 to 12

Students will have the opportunity to share important social justice issues while learning about contemporary artists who advocate for change. Using stencil and mixed media techniques, students will create artworks that share these important messages and propose a call for action in their community.

Curriculum Connections:

- Visual Arts, Canadian and World Studies, History, Social Studies

Printmaking: Funny Faces – Grades K to 3

Students will explore examples of modern and contemporary art that combine lines, shapes and texture to depict human faces and figures. During this program, students will cut, glue and assemble a variety of materials to create a collagraph plate that students will subsequently use to create their own imaginative set of colourful characters.

Curriculum Connections:

- Visual Arts, Canadian and World Studies, First Nations/Métis/Inuit Studies, Geography, History, Social Studies

Printmaking: Artist Proof – Grades 4 to 12

Printmaking is a powerful medium that offers endless opportunities to learn about line, shape, texture and pattern.

Beginning with a brief introduction about the history of printmaking, students will then discover the tools and techniques for relief printmaking by crafting their own edition of thought-provoking prints.

Grades 4 to 8 - Linocut

Grades 10 to 12 - Reduction Linocut

Curriculum Connections:

- Visual Arts, Canadian and World Studies, First Nations/Métis/Inuit Studies, Geography, History, Social Studies





Seasonal: Floating Structures – Grades 2 to 5

Experience art in the great outdoors! Students will be introduced to artists who harness the power of air and water in their works for inspiration. Then they'll create their own wind- and water-powered pieces – including windcatchers and floating sculptures – which will be tested out in the gardens.

Curriculum Connections:

- Visual Arts, Science and Technology, History, Social Studies

Seasonal: Janet Cardiff Audio Walk – Grades 9 to 12

One of the highlights of Oakville Galleries' permanent collection is Janet Cardiff's *A Large Slow River*. As a three-dimensional soundscape, this is an art experience unlike any other and Cardiff's site-specific audio walk through Gairloch Gardens is sure to impress your students. Come for the walk – followed by a discussion led by one of our educators – and then create a mixed media artwork inspired by the experience.

Curriculum Connections:

- Visual Arts, Science and Technology, History, Social Studies



OAKVILLE MUSEUM

The Oakville Museum at Erchless Estate offers learning opportunities that engage students of all ages through a variety of programs. All of our education programs are directly connected to the Ontario Curriculum and can serve as a valuable extension to your lesson plans.

We are committed to offering inquiry-based learning as outlined by the Citizenship Education Framework. Museum programs for early learners use a Kindergarten play-based model.

Through historical artifacts, hands-on activities, stories, and interactive presentations, the museum's education programs help students immerse themselves in historical experiences that offer unique opportunities to experience our shared living heritage.

Erchless Estate has been restored to reflect the home to six generations of the Chisholm family over a period of 130 years. Our education programs draw inspiration from their experiences, household contents, clothing, journals, photographs, as well as a variety of exhibitions. Students will tour the estate and participate in activities to explore changes between then and now, and explore the growth of Oakville and how it shaped the lives of its people.

Location:

Oakville Museum, 8 Navy Street

Contact:

Please fill out the online Oakville School Bookings form (<https://www.oakville.ca/school-group-programs-request-form>) to help us understand your booking request.

There is no charge for up to six teachers/volunteers per program.

Hunting for History

Students explore the comparisons between their lives and those of the past while gaining an appreciation of the role a museum plays in a community.

As an introduction to history, this program encourages learning through inquiry and play. Through an interactive hands-on tour of the Chisholm family home, there will be an emphasis on numbers, shapes and functions of common objects, and familiar games.

By playing with reproduction 19th century toys, students will discover the function of objects as well as the energy sources used for toys. Students will make a reproduction toy to take back to class.

Curriculum Connections:

- Language, Mathematics, The Arts Kindergarten (JK and SK)
- Social Studies, Our Changing Roles and Responsibilities, Heritage and Identity Grade 1

This program can be adapted for any age group.

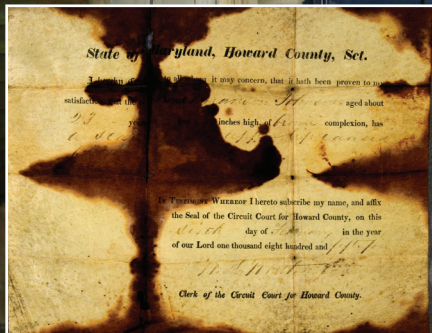
Duration: 1.5 hours

Fee: \$7.27 per student

Available: Year-round



The Underground Railroad: Next Stop, Freedom!



Oakville and the Underground Railroad

Students will explore Oakville's relationship with the United States in the context of the Underground Railroad. Oakville Harbour played a significant role in the journey to Canada for many freedom seekers. Key figures in the Oakville Underground Railroad story are introduced through the exhibition *Freedom, Opportunity and Family: Oakville's Black History*; and the multimedia presentation *The Underground Railroad: Next Stop Freedom*.

Curriculum Connections:

- The Role of Government and Responsible Citizenship Grade 5
- Communities in Canada, Past and Present Grade 6
- Canada, 1800-1850: Conflicts and Challenge Grade 7
- Creating Canada, 1850-1890 Grade 8

Duration: 2 hours

Fee: \$8.14 per student

Available: Year-round

Early Communities In-Class Program

We come to you! Students examine local history resources such as maps, photographs, letters and artifacts. Our education specialist will bring lessons to life with artifacts from our collection, and hands-on activities which will engage your students in exploring aspects of everyday life for an early settler from a local perspective. Each student will make a simple early settler toy.

Curriculum Connections:

- Social Studies, Heritage and Identity, Communities in Canada, 1780-1850 Grade 3

Duration: 2 hours

Fee: \$8.14 per student

In Emelda's Garden

Through a hands-on activity, young students will explore the natural world around them in the historic gardens of the founding family. Using all five senses students will apply communication skills to listen, answer questions and identify plants and trees in the garden through a scavenger hunt and tour. Students will see a crop of picked beans ready for a bean recipe!

Curriculum Connections:

- Language, Oral Communication, Reading, Exploration and Experimentation, Science and Technology, Personal and Social Development, Social Relationships, Awareness of Surroundings, Health and Well-being, Physical Activity Kindergarten

Duration: 1.5 hours

Fee: \$7.27 per student

Available: September, October, April, May and June

Morning and afternoon sessions available.



Christmas Discovery Program (seasonal)

As a part of entry to Canada in the early 1800s, many immigrants arrived and settled in Oakville. These new settlers brought many traditions with them which were recreated in the new land. Through an interactive tour students will be able to identify community celebrations that reflect their own heritage and/or their Canadian identity. Students will be encouraged to compare and contrast present day traditions with those of the past. Students will create a one-of-a-kind holiday decoration to take home.

Curriculum Connections:

- Social Studies, The Arts, Heritage and Identity Grades 1 to 6
- Changing Family and Community Traditions, Communities in Canada, Past and Present, Visual Arts Grades 1 to 6

Duration: 1.5 hours

Fee: \$7.27 per student

Available: November and December

Innovation and Design

Can you imagine living in a home without electricity, telephones or indoor plumbing, and then having these items installed for the very first time? This interactive house tour will allow students to compare their own homes and lifestyles with the life experiences of the Chisholm family. Many of the labour-saving devices and entertainments that we take for granted were, for them, brand new luxuries. Developments in Canadian society such as urbanization and industrialization, as well as technical innovations, all changed family life.

Curriculum Connections:

- Science and Technology, Social Studies Grades 2, 3, 4, 6 and 8
- Understanding Structures and Mechanisms, Heritage and Identity; Understanding Matter and Energy, Canada, 1890–1914
- Movement Grade 2; Forces Causing Movement Grade 3; Pulleys and Gears Grade 4
- Communities in Canada: Past and Present Grade 6; A Changing Society Grade 8

Duration: 2 hours

Fee: \$8.14 per student

Available: Year-round





The Oakville Public Library is your place to be inspired, connect with your community, create and learn! We bring together people, information and ideas to enrich lives and build healthy communities.

The library is ready to inspire your students at one of our seven branch locations.

Programs are offered first-come, first-served while availability of resources permits. Students are able to get a library card during their visit.

Contact:

To book a visit or learn more, please call 905-815-2042 or email OPLReference@oakville.ca

Welcome to the Library – Storytime – Kindergarten to Grade 1

In this program, children will be introduced to the Oakville Public Library and literacy practices. We'll have fun exploring through songs, rhymes, activities and a reading.

Curriculum Connections:

- Language Arts, Physical Education

Duration: 45 minutes or 1 hour

Fee: Free

Available: October to June

Location:

All branch locations. Visit <https://opl.ca> for details.

Welcome to the Library and Exploration Station – Grade 2 to 5

In this program, children will be introduced to Oakville Public Library branches and staff, including how and where to find key items. Library staff will provide a presentation on their favourite and popular school-age books.

The session will end with Exploration Station, a self-led play program that allows children to engage with STEAM concepts through technology and toys.

Curriculum Connections:

- Language Arts, Science and Technology, Engineering, The Arts, Mathematics

Duration: 1 hour

Fee: Free

Available: October to June

Location:

All branch locations. Visit <https://opl.ca> for details.

Welcome to the Library: Class Quest – Grade 6 to 8

Classes will be introduced to the Oakville Public Library and the services, resources and tools that support their learning. Students will receive quest cards with challenges to complete during and after their visit.

Curriculum Connections:

- Technology, Social Studies, Science, The Arts

Duration: 1 hour

Fee: Free

Available: October to June

Location:

All branch locations. Visit <https://opl.ca> for details.

Welcome to the Library and Creation Zone – Grade 7 to 12

Discover the many ways the library can inspire creativity, discovery and exploration. During this visit, students will be introduced to the Oakville Public Library's collections, resources and Creation Zone.

In the second half of the program, library staff will showcase the library's online and digital resources that students can use in their research projects.

Curriculum Connections:

- Language Arts, Technology, The Arts

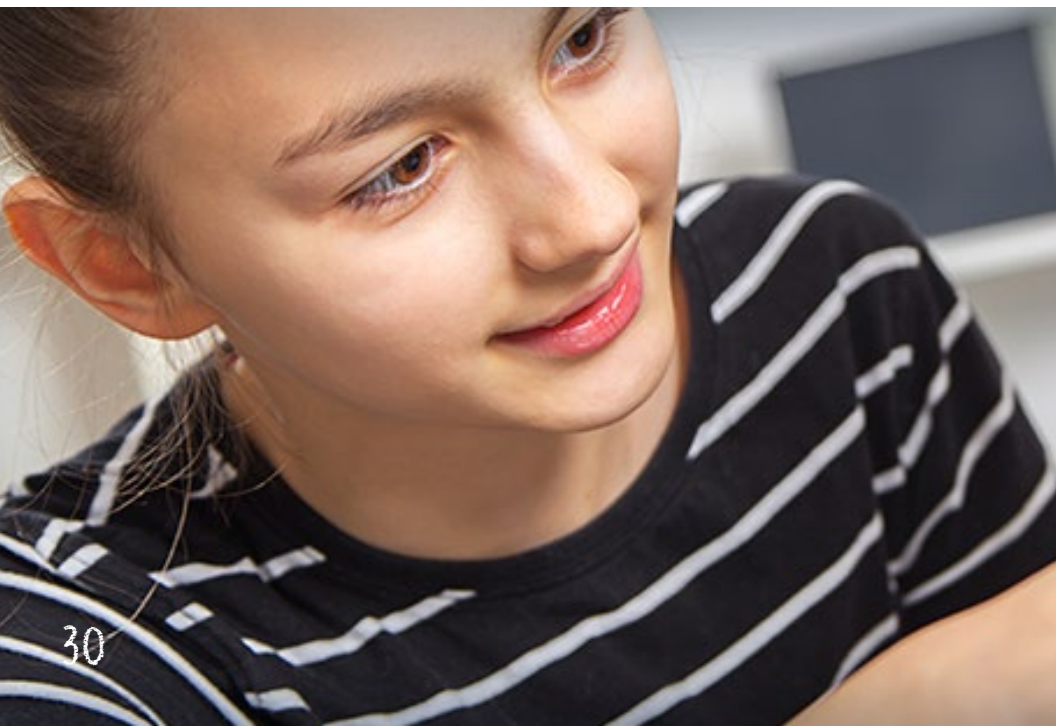
Duration: 1.5 hours

Fee: Free

Available: October to June

Location:

Glen Abbey Branch only. Visit <https://opl.ca> for details.



Welcome to the Library – What’s the Scoop? – Grade 7 to 12

In this interactive session, students will be introduced to the Oakville Public Library as they investigate our services while creating media. This session will focus on information retrieval, processing and hands-on testing using resources and technology that the library offers.

Curriculum Connections:

- Language Arts, Technology, The Arts, Social Studies

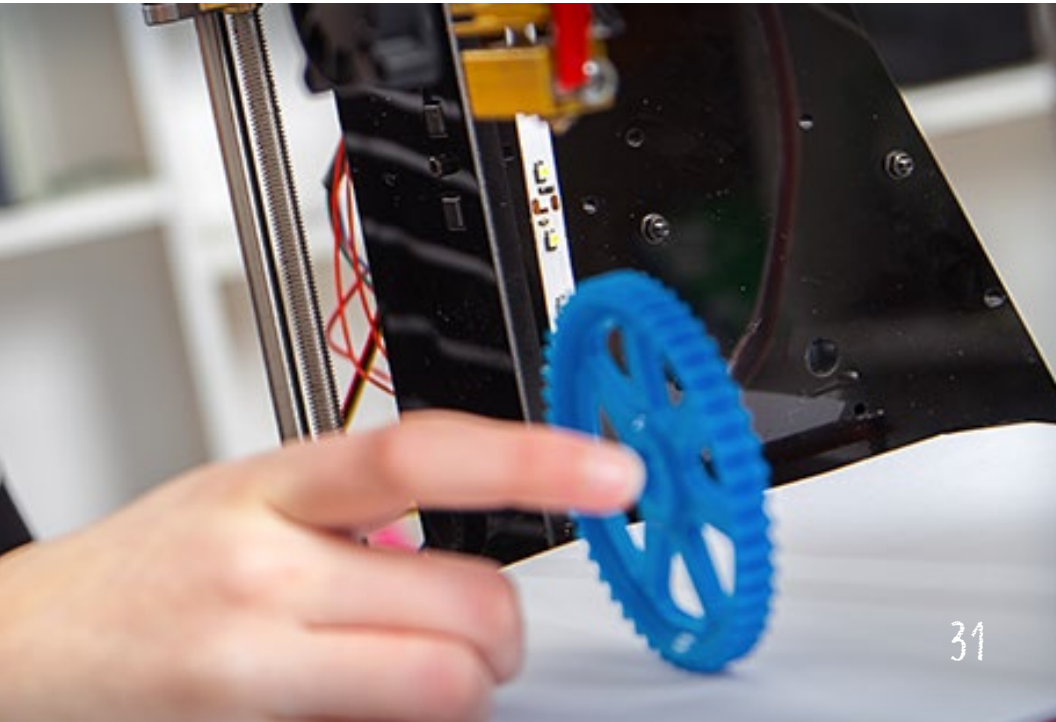
Duration: 1 to 1.5 hours

Fee: Free

Available: March to June

Location:

All branch locations. Visit <https://opl.ca> for details.





What comes once every four years? Not just the leap year, but also your local municipal election.

In our civic engagement programs, students learn how our town is run, why municipal elections matter, and how decisions made by our local leaders can impact schools, roads, your favourite recreation program, parks, and events.

Location:

In your classroom or at Oakville Town Hall (1225 Trafalgar Road)

Contact:

To discuss a booking or learn more, please call 905-815-6015 or email elections@oakville.ca.

Town of Future Voters – Grades 1-8

Town of Future Voters is an experiential activity where participants explore how their town is run and what it means to be an active resident. Through fun voting choices, students learn how an election is run and have a say in what happens in their town.

Students will participate in a mock election, voting for the games played at recess, new books to get for the library, and after-school activities. We'll provide voting supplies and ballots for the ultimate experience.

Curriculum Connections:

- Canadian and World Studies, Social Studies

Duration: 2-4 hours

Fee: Free

Available: Spring or Fall

Know Your Municipal Government – Grades 9-12

Dive into the world of local municipal government and how it contributes to everyday life. Through an interactive presentation by town staff, students learn about their role as active citizens in shaping the future of our neighbourhoods and the whole town.

From who can be a candidate to opportunities to work in the election, there are many aspects that go into running a thriving town. Learning about these important functions will help students step out of high school with confidence and a greater understanding of local government.

Curriculum Connections:

- Canadian and World Studies, Social Studies

Duration: 2 hours

Fee: Free

Available: Spring or Fall

In-Person and Virtual Classroom Visits



Educators and the fire service have a shared purpose to keep children safe. Children need to learn safe behaviours. The adults in their lives need to model these behaviours.

The Oakville Fire Department is pleased to offer classroom presentations to enhance curriculum-based learning that is tied to fire and life safety. We provide free in-class or virtual instruction by request.

The lessons students learn will reduce the chances of experiencing a fire, and will assist families in having a plan should a fire occur.

Contact:

Glenn Barwell, Public Education Officer
905-815-6601, ext. 2022

or

Alicia Petz, Public Education Officer
905-815-6601, ext. 5281

fireprevention@oakville.ca





Learn Not to Burn – Kindergarten Program

Lessons covered include: Smoke Alarms are Important; Get Out, Stay Out; Fire Drills at School; Stay Away from Hot Things; Matches and Lighters are for Grown-Ups; and Firefighters are Community Helpers.

The program provides teachers:

- A Learn Not to Burn (LNTB) Kindergarten teacher resource book (recommended by Curriculum Services Canada).
- Our offer to play an active role in delivering a portion of the Kindergarten LNTB lessons virtually or in-person.
- Online video resources such as Sparky's ABC's and OFD Station 3 Tour.
- A fire truck and firefighter visit to wrap-up the lesson (when available) for in-person programs.

Duration: 1 hour

Fee: Free

Learn Not to Burn – Grade 1 & 2 Program

Lessons covered include: Smoke Alarms are Important; Get Out, Stay Out; How to Report an Emergency Using 911; Stay Away from Hot Things; and Know When to Stop, Drop and Roll.

The program provides teachers:

- Learn Not to Burn (Level 1) teacher resource book (recommended by Curriculum Services Canada).
- Our offer to play an active role in delivering a portion of the Level 1 LNTB lessons during virtual or in-person visits.
- Online video resources such as Sparky's ABC's and OFD Station 3 Tour

Duration: 1 hour

Fee: Free

Learn Not to Burn – Grade 3 & 4 Program

Lessons covered include: Smoke and Carbon Monoxide Alarms are Important; Close Before You Doze; and Make and Practise a Home Escape Plan.

The program provides teachers:

- Online video resources such as the OFD Station 3 Tour
- Presentation including some active learning delivered to students by one of our Public Education Officers.

Duration: 1 hour

Fee: Free

Safe Cooking Skills – Grade 5-8 Program

An introduction to the basics of safe cooking practices by one of our Public Education Officer.

Duration: 1 hour

Fee: Free

Fire Safety for Newcomers LINC or ESL

The Oakville Fire Department can provide a fire safety presentation to meet the language level of LINC or ESL students.

Duration: 1 hour

Fee: Free





Town of Oakville fitness and recreational programs focus on providing essential physical literacy experiences, as well as embracing fundamental movement skills for quality learning. We invite you and your students to get active with us! These programs are available year-round.

Contacts:

Email schoolprograms@oakville.ca or call:

Glen Abbey Community Centre – 905-845-6601, ext. 3568

Iroquois Ridge Community Centre – 905-845-6601, ext. 3728

Oakville Trafalgar Community Centre – 905-845-6601, ext. 3568

QEPCCC – 905-845-6601, ext. 4609

River Oaks Community Centre – 905-845-6601, ext.3368

Trafalgar Park Community Centre – 905-845-6601, ext. 4502

Curriculum Connections:

- Active Living, Living Skills, Physical Fitness, Movement Skills, Movement Competency, Physical Literacy, Daily Physical Activity



Fitness/Squash/Racquetball

Our community centres are a great fit for students to explore active living and physical literacy on their own or with the assistance of a personal trainer. Our fitness classes foster mind and body connection through physical movement in yoga, Pilates and spinning. If squash or racquetball are more of a hit, students are also welcome to try our courts or have our instructor give them a lesson. Customizable options are available!

Fitness Centre Access – Age: 14+

Students have full access to all cardio and strength equipment. Fee includes access to additional amenities where available: squash courts (Glen Abbey only), racquetball courts and walking track (River Oaks only). Group training available for an additional fee.

Fee: \$10.79 per student (minimum 8 people)

Squash Court or Racquetball Court Access – Age: 6+

Students have access to the squash courts (Glen Abbey only) or racquetball courts (River Oaks only) and fitness centres at both locations. Group squash instruction is available for an additional fee.

Fee: \$10.79 per student (minimum 8 people)

Fitness Class (Instructed) – Age: 5+

This is a great opportunity for students to participate in a fitness class taught by a qualified instructor. Class options include: Yoga, Pilates, Zumba, Body Conditioning, Spin, Bootcamp, and more! Customizable classes are available based on curriculum connections, fitness level, and instructor availability.

Duration: 1 hour

Fee: \$10.79 per student (minimum 8 people)

Sports

We offer sports equipment and instruction in a variety of activities including tennis, volleyball, basketball and archery or let us lead your class in a variety of teambuilding and cooperative games. Customizable options are available.

Curriculum Connections:

- Active Living, Living Skills, Physical Fitness, Movement Skills, Movement Competency, Physical Literacy, Daily Physical Activity

Sport or Active Play in Gymnasium – Age: 5+

Students have access to gymnasium and equipment associated with the requested sport/activity. Sports with specialized equipment will require an instructor, booked for an additional fee.

Fee: \$4.34 per student (minimum 8 people)

Sports or Active Play in Gymnasium with Instructor – Age: 5+

Opportunity for students to participate in a sport class or teambuilding games taught by a qualified instructor. Class options include: tennis, volleyball, basketball, badminton, archery, teambuilding and cooperative games. Customizable classes are available based on curriculum, facility and instructor availability.

Duration: 1 hour

Fee: \$6.85 per student (minimum 8 people)

Swim Programs

Drowning is the second-leading cause of accidental death in Canada for those 55 years of age and under. The Lifesaving Society's Canadian Swim to Survive® standard defines the essential minimum skills required to survive an unexpected fall into deep water. The Town of Oakville is proud to offer a variety of lessons from learning to swim, to life saving skills.

Swim to Survive

Swim to Survive classes teach students the skills required to learn how to survive should they unexpectedly fall into water. Classes are provided as part of the Grade 3 public school and the Grade 4 Catholic school curriculum. Students are bused to a Town of Oakville pool for three in-water lessons focusing on the sequence of three skills: roll into deep water; tread water for one-minute; and swim 50 metres.

Prices subject to grant funding. Approx \$7 per student. Please call for rates.

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Swim to Survive Plus

Swim to Survive Plus builds on the skills taught in Swim to Survive. Swim to Survive Plus is geared toward presenting real-life situations for students in Grade 7.

Participants will learn:

- How to roll, tread and swim with clothes on.
- How to help a friend in deep water without putting themselves in danger (talk, reach, throw).
- Basic physical fitness concepts through interval training and a fitness swim.

Prices subject to grant funding. Approx \$7 per student. Please call for rates.

Curriculum Connections:

- Active Living, Living Skills, Physical Fitness, Movement Skills Grades 3 and 4
- Movement Competency, Physical Literacy Grade 7

Pool rentals and programs can be created for Grades 1 through 12. We offer lessons, water safety or fun swim programs based on interest and skill level. Email bookafacility@oakville.ca or visit <https://www.oakville.ca> for details.

Contact:

Email swimtosurvive@oakville.ca or call 905-845-6601, ext. 3466.



Tailored Soccer, Recreation and Mentorship Programs for Every Grade Level!



At the Oakville Soccer Club (OSC), we pride ourselves on our unique ability to create unforgettable, educational and positive soccer experiences for students of all ages.

Engaging On-Site or Off-Site Experiences

Choose the option that works best for you! We're happy to host your field trip tournament, sports day or program at our Pine Glen Soccer Centre, providing access to top-notch facilities and expert coaching. Alternatively, our team can travel to your school, bringing the excitement of soccer right to your doorstep.

Location: In your classroom or on site at Pine Glen Soccer Centre (1520 Pine Glen Road)

Contact:

Email info@oakvillesoccer.ca or visit www.oakvillesoccer.ca

Fee: Fees for our customized programming will be established in accordance with the specific needs and requirements of each school. We strive to provide affordable options while ensuring the highest quality of instruction and experience for all participants.

Interactive and Fun Soccer Activities

Our programs are designed to promote active participation, physical literacy, teamwork, and skill development. Through a variety of drills, games, and challenges, students will not only improve their soccer abilities but also foster important life skills such as communication, leadership, teamwork, and sportsmanship.

OSC's knowledgeable and trained staff will work closely with educators to develop a program tailored to the specific goals and objectives of each grade level and its corresponding curriculum. Whether it's introducing basic skills or delving into coaching strategies and career opportunities in sport with high school students, we ensure that every session is engaging, interactive, and aligned with educational standards.

Breaking Barriers: Embracing Inclusivity in Soccer

OSC's Breaking Barriers programming champions inclusivity, offering individuals with intellectual and/or physical disabilities the chance to embrace soccer, foster physical literacy, and revel in the joy of the game. Additionally, OSC tailors mentorship programs, uniting high-school students with elementary school counterparts, enriching experiences both on and off the field.





Customized Student Re-Engagement Programs

The Town of Oakville offers customized programs to meet the needs of at-promise students looking to reach their full potential. Our programs provide students with unique opportunities for engagement and alternative learning environments.

Recognizing the unique abilities, interests and creativity of every student, our team of staff will work with you to design, modify and incorporate programming content to deliver the best possible outcome.

Customized programs allow for teachers to leverage arts, music and cultural programming to optimize student experience and enhance engagement through innovative learning opportunities outside of the traditional classroom setting.

Art Experience workshops are designed to provide teachers the flexibility to customize workshops and activities to best suit the needs of their students.



Career Pathways

Career Pathways is designed to engage students by using recreation and arts in career planning workshops. This will be accomplished through the facilitation of certification programs such as Emergency First Aid and CPR B which provides students with tangible qualifications and skills that enhance employment opportunities.

To ensure engagement, students will develop career-planning goals through art-based activities. Incorporation of culture and art-based activities will formalize the association between content and practice as the skills and certification obtained are transferable in the workplace.

Contact:

Email schoolprograms@oakville.ca or call 905-845-6601, ext. 3630.

Youth Friendly Oakville

The Town of Oakville provides positive spaces for youth to develop fundamental skills through recreational programs and services. As a Youth Friendly Community, we have been recognized by Play Works for our outstanding commitment to providing young people with opportunities to play, participate in, and contribute to their community.

The town offers several programs (drop-in and pre-registered), training, resources and volunteer opportunities for youth aged 11 to 19. Visit oakville.ca for more information about youth programming.

We offer youth services across Oakville in town facilities and with staff that focus on positive asset-building and foster a youth-friendly environment, including:

- Volunteer opportunities and workshops
- Pool tables, table tennis, Foosball
- Gym space, sports at QEPCCC
- Free Wi-Fi, iPads, computers
- Xbox One, PS4, Nintendo Switch and Smart TVs
- Cooking, tournament, and movie nights
- Oakville Public Library Book Depot
- Musical instruments (guitars, bass guitars, drums)
- Arts and crafts, and board games
- Homework space



Please email oakvilleyouth@oakville.ca to learn more about Youth Services and how our Youth Spots can enhance your school visit.

Planning Your Visit

Booking/Registering: Contact town staff as listed in this guide. Specific booking information will be discussed. The town will send an email confirmation for the booking to person booking the workshop. A minimum of two weeks booking notice is required.

Minimum and Maximum Numbers: Our programs require a minimum of 12 participants to run. Bookings with less than 12 participants will be charged for a minimum of 12. Please consult the Curriculum Companion for the maximum number of participants that can be accommodated in each program.

Changes and Cancellations: Changes and withdrawals from School Programs are permitted up to **two weeks prior** to the scheduled date of the visit. Changes will not be permitted the day of the visit. Notice of cancellation must be received in writing to the Town of Oakville Programmer via email. Requests left on voicemail will not be considered sufficient notice.

Payment: School Programs payment is recommended two weeks in advance. If not possible, payment is due on the day of your visit. Payment methods accepted are: VISA, MasterCard, American Express, Interac, cash or cheque (payable to The Town of Oakville).

HST: Programs for participants 14 years and under are tax exempt. For participants ages 15 and older, HST will be added to program fees (registration #12174 2456 RT0001). All materials are already taxed and the fee is included in the quoted rate.

Supervision: Teachers and adult supervisors are required to stay with students at all times and are responsible for appropriate student behaviour and discipline. Teachers and parent supervisors attend free of charge. A minimum ratio of adult supervisors to students is recommended as follows: JK and SK should be 1:8; Grades 1 to 12 should be 1:12.

Lunch and Breaks: If you are planning a full day of activities, a lunch space may be provided if available. Lunch and refreshments are not available on location but participants may bring their own. We are a nut-free environment.

Please note: All prices, policies and program offerings are subject to change without notice. The Oakville Centre has separate booking policies.

Convenient and Affordable Oakville Transit!



OAKVILLE TRANSIT

Did you know that rides on Oakville Transit for ages 19 and under are FREE* with a PRESTO card? Plus, our extensive route network and online planning tools make taking public transit easier than ever!

Oakville Transit is also piloting a new School Programs Charter Service to help get you and your students to your program and back.

Subject to availability. Other charter service conditions include:

1. Travel must be within the Town of Oakville to programs offered by the Recreation and Culture department, between 10 a.m. and 2 p.m. Monday to Friday only.
2. Bookings with Oakville Transit must be made a minimum of two weeks in advance of your program date.
3. The charter rate of \$176 per bus (round-trip), plus applicable taxes, will be paid directly to Oakville Transit.

To book your Oakville Transit Charter Bus, please call 905-815-2020 or email transit@oakville.ca.

*There is a one-time or replacement fee for PRESTO cards. Visit www.oakvilletransit.ca for more information.





TOWN OF OAKVILLE

1225 TRAFALGAR ROAD, OAKVILLE, ON L6H 0H3
905-845-6601 | OAKVILLE.CA

