

**Oakville -- Old Hospital Lands (OTMH site)
Concept Proposal -- Mississauga Halton LHIN
Medical / Seniors Health**

Overview

In the mix of uses for the Old Oakville Hospital Lands (OTMH site), the Mississauga Halton LHIN recommends that consideration be given to including health services (focusing heavily on Seniors) which ideally would include :

- Primary Care Services (in a multidisciplinary Team Delivery format) such as a Family Health Team (FHT) or Community Health Center (CHC).
- A range of services such as pharmacy, rapid diagnostic and laboratory services and the possibility of outpatient clinics
- A range of Seniors Services including a Seniors Adult Day Program, Seniors Community Outreach Services and Seniors Information Centre.
- Recreational/ meeting space to accommodate peer networking and support groups, wellness activities and socialization (supporting seniors, caregivers and those with mental health concerns and addictions)
- Linkages with the Community Recreation Centre to allow opportunity to provide health promotion and prevention services related to chronic disease management for seniors. This could include exercise and education programs for people living with Chronic Obstructive Pulmonary Disease (COPD) or Diabetes.

The ideal configuration would be a facility that is positioned on the site adjacent to or integrated with the proposed Community Recreation Center. Proximity to the existing Long-Term Care facility (Wyndham Manor) would have significant advantages for programming and management.

The inclusion of a continuum of services would allow seniors, other complex consumers and their families/caregivers the ability to access a variety of services within one convenient location, maximizing access to information and services to assist them or a spouse or relative.

The size of such a facility would range from 18,000 to 25,000 net square feet and 23,000 to 33,000 gross square feet, depending upon the range of services to be included in the model.

The funding model would be that the space could be provided and supported by reasonable market rents included in the program operating budgets.

Background

Provincially, the Ministry has set three priorities within Ontario's Action Plan for Health Care aimed at providing evidence based care in the right setting and coordinated to ensure consumers move from one provider to another in a seamless fashion. The three priority areas include:

- Keeping Ontario Healthy – supporting healthy habits & lifestyle changes, and continuing to improve management of chronic conditions
- Faster Access and a Stronger Link to Family Health Care
- Right care, Right Time, Right Place – supporting people to get the care they need, where and when they need it

To address these priorities, an initiative called Health Links was recently launched by the Ministry of Health. Health Links is targeted to meet the needs of those consumers who are medically- complex or use the health care system significantly more than the general population.

Within the Mississauga Halton LHIN, 67% of this target group is Seniors. Primary care providers are seen as key partners within the Health Links initiative: playing the key role in keeping people well, screening for chronic disease and managing their care when they are sick. As such, collocating primary care providers with a range of services from active living in the community centrePage | 2 to diagnostic services will allow primary care to play those roles in a more coordinated, seamless manner

Ontario's Seniors Strategy has been developed to promote the wellness and independence of seniors in our community and includes the following 5 principles of access, equity, choice value and quality. This strategy will be launched imminently across the province.

Some statistics relating to the Seniors population within Mississauga Halton LHIN (and in particular, Oakville) include:

- The total population of Oakville in 2010 was 191,138. Approximately 18% of the population in Oakville is comprised of people 65 years and older
- Across the Mississauga Halton LHIN, it is estimated that by the year 2030, the number of people aged 75 years and greater will increase by 143 %

This increase in the Seniors population will require improved access to health care services to support seniors living healthy lives in the community as long as possible

The development of a Centre to provide access to a multidisciplinary continuum of services to support the Seniors of Oakville would align with the provincial Seniors Strategy and the Integrated Health Services Plan for 2013 – 2016 developed by the MH LHIN.