

Individual Fees and 10-Visit Passes

10-Visit passes are also available as an add-on to your membership.

	General	Senior/ Youth	Group
Recreational Swim/Skate			
Individual	\$4	\$3.20	\$12
10-Visit	\$36.27	\$28.93	--
Waterfit			
Individual	\$9.75	\$7.80	--
10-Visit	\$87.80	\$70.17	--
Fitness			
Individual	\$9.75	\$7.80	--
10-Visit	\$87.80	\$70.17	--

All prices include HST and are subject to change.

A replacement fee will be applicable for reprinting of membership cards.

Registered Massage Therapy

River Oaks Community Centre offers Deep Point Tissue Massage, Sport Massage, Swedish Massage and Trigger Point Therapy. Services may be covered under your extended health care plan.

30 minutes	\$50
60 minutes	\$85

Get Active Oakville!

Online Drop-in Recreation Program Finder

Wondering what art and recreation programs are happening right now? Visit active.oakville.ca to search for weekly drop-in fitness, sports, art, youth, seniors, swim, and skate times. This application can be viewed on all devices.



Town of Oakville Fitness Brochure October 2016 update.

Call, visit us online at oakville.ca, or drop by today for a free tour of our facilities!



Glen Abbey Community Centre
1415 Third Line | 905-815-5950



Iroquois Ridge Community Centre
1051 Glenashton Drive | 905-338-4255



River Oaks Community Centre
2400 Sixth Line | 905-338-4186



Queen Elizabeth Park Community and Cultural Centre
2302 Bridge Road | 905-815-5979

FITNESS

Become a fitness member

Join one fitness centre and enjoy all **FOUR** locations!





One membership, endless activity.

The Town of Oakville has a flexible and hassle-free fitness membership for you.

Our enhanced Full Fitness membership includes:

- Orientation of fitness centre and equipment.
- Access to 85+ weekly fitness classes for all levels.
- Access to all fitness centre equipment, including strength and cardio equipment, and indoor running track.
- Access to whirlpools and saunas.

Plus unlimited access to:

- Recreational swims at all indoor and outdoor pools.
- Recreational skates at all arenas.
- Squash and racquetball courts.
- Badminton Membership at QEPCCC.

And unlimited access to these drop-in activities:

- Drop-in fitness classes.
- Drop-in shinny hockey.
- Drop-in rock climbing.
- Drop-in Waterfit classes.
- Drop-in sports including basketball, badminton, volleyball and table tennis.

Membership benefits vary depending on membership types. Amenities vary by location. Memberships may be suspended and extended once during the term of a membership, to a maximum of 30 days for 3-month memberships and 60 days for annual membership terms.



Membership Fees <small>(subject to applicable taxes)</small>	Annual		3-Month Total	Activities						
	Total	Monthly*		Weight Room	Fitness Classes	Squash/Racquet	Orientation	Rec Swim	Rec Skate	Drop-in Activities
Full Fitness	BEST VALUE!									
Adult	\$480	\$40	\$180							
Senior	\$384	\$32	\$144	✓	✓	✓	✓	✓	✓	✓
Student	\$312	\$26	\$117							
Fitness										
Adult	\$384.96	\$32.08	\$146.02							
Senior	\$307.96	\$25.66	\$116.81	✓	✓		✓	✓	✓	
Student	\$250.22	\$20.85	\$94.91							
Courts										
Adult	\$384.96	\$32.08	\$146.02							
Senior	\$307.96	\$25.66	\$116.81			✓		✓	✓	
Child/Student**	\$250.22	\$20.85	\$94.91							
Non-prime-time weight room***										
Adult	--	--	\$79.65	✓			✓			
Swim/Skate										
Single	\$212.39	--	\$70.80					✓	✓	
Senior/Youth	\$169.91	--	\$56.64							
Family	\$380.53	--	\$128.32							

Personal Training also available for purchase.

HST will be added to all prices at time of payment. Senior (65+ years); Student (14+ must present proof of age/full-time student status required). Family discount available; see staff for details. Discounts cannot be combined with Senior or Student memberships. Cancel at any time without penalty.

*Take advantage of convenient monthly payment options for annual fitness and courts memberships. **Court memberships are available from age six (6) and up. ***Monday to Friday from 1 to 4 p.m. only. Members must scan in by 3:30 p.m.

Visit oakville.ca for fitness class schedules.

FREE 4-Visit Pass

Drop by any Town of Oakville fitness centre and try four visits on us!

Valid at all locations. No purchase required. One pass per person for a total of four free visits. Not valid for pre-registered programs. Non-transferable. No cash value. New members 14+ only. Valid for 90 days after activation.