
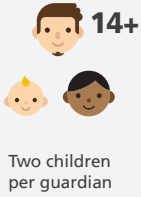



# Swimming Admission Policy

All Town of Oakville pools adhere to our Swim Admission Policy Standards. Swimmers who do not meet the requirements of the admission standards will not be granted entrance into the pool.

**Stop! Ages 0-6**


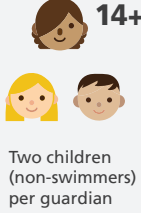
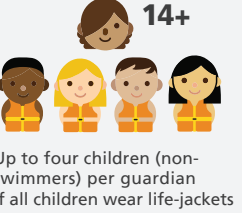
Children age 6 and under may not enter the swimming pool unless they are accompanied by a guardian 14 years of age or older. The guardian is responsible for their direct supervision and must be in the water and able to assist immediately.

Two children per guardian **or** Up to four children per guardian if all children wear life-jackets


**Caution. Ages 7-9**

Children age 7 to 9 who are non-swimmers must be accompanied by a guardian 14 years of age or older. The guardian is responsible for their direct supervision and must be in the water and able to assist immediately.

Two children (non-swimmers) per guardian **or** Up to four children (non-swimmers) per guardian if all children wear life-jackets



Children age 7 to 9 who can successfully pass the facility swim test may enter the pool unsupervised. Swimming with a buddy is strongly recommended.



Child that passes the Facility Swim Test

**OK! Ages 10+**

Children age 10 years or older may enter the pool area unsupervised. Swimming with a buddy is strongly recommended.

**Swim testing**  
To successfully pass the Facility Swim Test, individuals must demonstrate comfort in the water and be able to swim on their front for a minimum of two widths of the pool continuously in shallow water.

**Water slide admittance policy**  
Riders at Iroquois Ridge Pool must be a minimum height of 107 cm (also recommended that riders can swim the width of the pool). Riders at Glen Abbey Pool must be a minimum height of 107 cm and able to pass the Facility Swim Test.

**Medical conditions**  
Individuals with serious medical conditions or developmental disabilities should be accompanied at all times by another individual with knowledge of their condition and who can provide immediate assistance if needed.

Visit [oakville.ca](http://oakville.ca) for details.

## Admission Fees

Single Admission	
Adult (18–64)	\$4.75
Youth (2–17) or Senior (65+)	\$3.80
Group (Maximum of 5, one adult required)	\$14.25
Children under 2	No charge

Each admission fee entitles you to one recreational swim. Prices include HST.

## General Activity Passes

10-Visit General Activity Pass	
Adult (18–64)	\$42.71
Youth (2–17) or Senior (65+)	\$34.13
3-Month General Activity Pass	
Adult (18–64)	\$88.14
Youth (2–17) or Senior (65+)	\$70.51
Family*	\$159.50
Annual General Activity Pass	
Adult (18–64)	\$264.42
Youth (2–17) or Senior (65+)	\$211.54
Family*	\$473.47
Non-resident fee applies	\$11.30

\*A family with one or two adult guardians over the age of 18 and their dependents, 18 years of age or under, or full-time students under the age of 25 qualifies for a family pass. Multiple families cannot be combined on any pass purchase. Learn more about our Youth Summer Swim Pass at [oakville.ca](http://oakville.ca).

## Drop-in Fitness Fees

Participation Options	13–64 years	65+
Pay-As-You-Go	\$11.87	\$9.49
10-Visit Waterfit Pass	\$106.80	\$84.80

Prices include HST.

Please note: Private lessons are not permitted during recreational swim times. Schedules may change due to swim meets, special events or program requirements. When possible, prior notice will be posted on the Town of Oakville website.

Visit [oakville.ca](http://oakville.ca) for full swim descriptions, additional swim times, cancellations and policies.

## AQUATICS

# Recreational Swim Schedule Winter 2019



**Get Active Oakville!**  
Visit [active.oakville.ca](http://active.oakville.ca) to search recreational drop-in schedules.

Fall/Winter Aquatics Schedule: February 2019

## Centennial Pool

120 Navy Street 905-815-5955

Recreational	February 1–March 8
<b>Lengths</b>	
Monday–Friday	10 a.m.–noon (1)
Monday–Friday	noon–2 p.m.
Monday	8–9:30 p.m.
Tuesday & Thursday	9–10 p.m.
Tuesday, Thursday & Friday	6–8 a.m.
Saturday	12:45–2 p.m.
Sunday	7:30–9:30 a.m.
Friday	5–7 p.m. (1)
<b>Combo Swim</b>	
Thursday	8–9 p.m.
Friday	9–10 a.m.
Saturday	2–3:30 p.m.
Sunday	1:30–3 p.m.
<b>Deep Water Jogging</b>	
Monday–Friday	11 a.m.–noon

(#) indicates number of lanes available.

Drop-in Fitness	February 1–March 8
<b>Waterfit</b>	
Monday–Friday	10–11 a.m.
<b>Gentle Waterfit</b>	
Monday & Wednesday	11 a.m.–noon
<b>Adult Endurance</b>	
Tuesday & Thursday	9–10 a.m.

## Join us March 16, 2019



Take part in FREE programs including swimming, skating, shinny hockey, plus FREE access to museum and heritage centres and more during BeLong Oakville!

A one-time opportunity to explore the hidden gems of Oakville! Details, times and locations for all programs available at [theofo.org](http://theofo.org)



## Glen Abbey Community Centre

1415 Third Line 905-815-5950

Recreational	February 1–March 8
<b>Lengths</b>	
Monday–Friday	noon–2 p.m.
Monday & Wednesday	6:30–8 a.m.
Tuesday & Thursday	8:30–10 p.m.
Saturday & Sunday	7:30–9 a.m.
<b>Leisure Swim</b>	
Tuesday	9–10 a.m.**
	7–8:30 p.m.
Friday	9:30–10:30 a.m.**
	7:30–9 p.m.
Saturday	2:30–4 p.m.
Sunday	2–3:30 p.m.
	3:45–5:15 p.m.
<b>Combo Swim</b>	
Monday & Wednesday	11 a.m.–noon**
<b>Healing Waters</b>	
Tuesday & Thursday	11 a.m.–noon
<b>Deep Water Jogging</b>	
Tuesday	10–11 a.m.

\*\* no slide

Drop-in Fitness	February 1–March 8
<b>Waterfit</b>	
Monday & Wednesday	9–10 a.m.
Friday	8:30–9:30 a.m.
<b>Gentle Waterfit</b>	
Monday & Wednesday	10–11 a.m.

## P.A. Day Swims

Glen Abbey Community Centre	
<b>Duck Derbies</b>	
February 1	9:30–10:30 a.m.
February 15	9:30–10:30 a.m.
Iroquois Ridge Community Centre	
<b>Combo Swim (slide closed)</b>	
February 1	1:30–3 p.m.
February 15	1:30–3 p.m.
Queen Elizabeth Park (QEPCCC)	
<b>Leisure Swim</b>	
February 1	1:30–3 p.m.
February 15	1:30–3 p.m.

## Iroquois Ridge Community Centre

1051 Glenashton Drive 905-338-4255

Recreational	February 1–March 8
<b>Lengths</b>	
Monday–Friday	11:30 a.m.–1:30 p.m. (4)
Monday, Tuesday & Thursday	9–10 p.m. (4)***
Monday, Wednesday & Friday	7:30–9:30 a.m. (4)***
Tuesday & Thursday	6:30–8 a.m. (2)***
Wednesday	8–10 p.m. (4)
Saturday	noon–1:30 p.m. (4)
Saturday & Sunday	1:30–2:30 p.m. (2)***
Sunday	8–9:15 a.m. (4)***
<b>Family Fun (small pool)</b>	
Tuesday	7:15–8:15 p.m.**
Wednesday	7–8 p.m.**
Sunday	6:30–7:30 p.m.**
<b>Combo Swim</b>	
Monday	7:30–9 p.m.
Tuesday & Thursday	10–11:30 a.m.**
Friday	1:30–3 p.m.**
Saturday & Sunday	2:30–4 p.m.

(#) indicates number of lanes available, \*\* no slide, \*\*\* no access to Leisure Pool hydro jets.

Drop-in Fitness	February 1–March 8
<b>Waterfit</b>	
Tuesday & Thursday	9–10 a.m.
<b>Aqua Pilates</b>	
Monday	10:35–11:35 a.m.
<b>Fluid Zen</b>	
Tuesday & Thursday	8–9 a.m.

## White Oaks Pool

1330 Montclair Drive 905-815-5975

Recreational	February 1–March 8
<b>Lengths</b>	
Monday & Wednesday	6–8 a.m.
Tuesday	11:30 a.m.–1 p.m.
Thursday	noon–1:30 p.m.
Saturday	9–10:15 a.m.
Sunday	12:45–2 p.m. (2 lanes)
<b>Leisure Swim</b>	
Saturday	2:30–4 p.m.
Sunday	2–3:30 p.m.
<b>Combo Swim</b>	
Wednesday	7–8:30 p.m.
Friday	8–9:30 p.m.
Sunday (female-only)	7–8 p.m.

Drop-in Fitness	February 1–March 8
<b>Waterfit</b>	
Monday	8–9 p.m.

## Queen Elizabeth Park Community & Cultural Centre

2302 Bridge Road 905-815-5979

Recreational	February 1–March 8
<b>Lengths</b>	
Monday	9–10 p.m.
Monday & Wednesday	10:30–11:30 a.m. (1)
Tuesday & Thursday	6–7:30 a.m.
	12:15–1:30 p.m.
Wednesday	8:30–10 p.m.
Friday	10 a.m.–noon (1)
Saturday	Noon–1:30 p.m.
<b>Leisure Swim</b>	
Saturday	10:30 a.m.–noon
Sunday	6–7:30 p.m.
<b>Combo Swim</b>	
Monday & Wednesday	9–10:30 a.m.
	11:30 a.m.–1:15 p.m.
Tuesday	9–10:15 a.m.
Thursday	10–11 a.m.
Friday	Noon–1:30 p.m.
	6:30–8 p.m.
Sunday	1–2:45 p.m.
<b>Healing Waters</b>	
Friday	8–9 a.m.
<b>Swim Your Way</b>	
Tuesday	7–8 p.m. (½ pool)
Sunday	3:30–4:30 p.m. (½ pool)

(#) indicates number of lanes available.

Drop-in Fitness	February 1–March 8
<b>Gentle Waterfit</b>	
Monday–Wednesday	10:30–11:30 a.m.
Thursday	1:30–2:30 p.m.
Friday	10–11 a.m.
<b>Fluid Zen</b>	
Friday	9–10 a.m.

## Pool Closures

Please visit [oakville.ca](http://oakville.ca) for service disruptions or [active.oakville.ca](http://active.oakville.ca) for the most up-to-date week-at-a-glance drop-in program schedules.