

The Town of Oakville

Department of Recreation & Culture

Seniors' Working Action Group (SWAG) - We're Age Friendly

Meeting – November 25, 2020 via ZOOM

In Attendance: Darlene Cox, Julie Pennal, Michelle Nichols, Julie Mitchell, Pat Moore, Bev Cathro, Pierre Wong, Ted Lambert, Nicole Wedgerfield Councillor Beth Robertson

Regrets: Dee Webber, Ruth Sheridan, Patricia Sante

Guest Speaker: Dr. Minna Allarakhia

1.	Call to Order by Darlene Cox – 1:30 p.m.
2.	Guest Dr. Minna Allarakhia – Provided an informative presentation on understanding the issues related to developing a sustainable living mindset. More information can be obtained at www.bioendeavor.net
3.	Attendance / Regrets – Regrets as noted.
4.	Business Arising No report.
5.	Update from Julie Mitchell Halton moved into the Red-Control level of the Ontario's COVID-19 response framework. Capacity numbers for programs has been significantly reduced. Each space is limited to 10 in fitness. Continuing with programs that can proceed safely, to keep people engaged and active and reduce isolation. We are prepared with protocols should the colour control level change to grey. Rolling out a winter recreation strategy with the Parks department and Oakville Public Libraries. An Outdoor skating rink will be installed at Coronation Park with a trailer housing outdoor heated washrooms on site. Additional natural outdoor rinks will be installed at other Recreation Centres. Parks department is looking at keeping some trails free of snow for cycling and walking and looking at grooming some cross-country ski trails. A festive light display will be installed at Coronation Park with a drive-by toy drive on December 4. Donation of gift cards is recommended but toys will also be accepted.
6.	Standing Agenda Items Communication and Information Councillor Update - Beth Robertson <ul style="list-style-type: none">• Council continues to work on the 2021 budget.• Bronte Village Condominiums are scheduled to open spring 2021.• Rehabilitation work is scheduled for the shoreline at Vista Promenade and Water's Edge Park. During this time, access to those waterfront trails will be limited for approximately 6-8 months. Halton SALT Update – Pat Moore – no update

	<p>enVISION Oakville Update – Ruth Sheridan – no update Oakville Meals on Wheels – Michelle Nichols</p> <ul style="list-style-type: none"> Recent fundraiser was very successful with over 200 boxes of cookies sold resulting in \$1000 for OMoW. This Friday they will be delivering 75 fresh meals plus additional frozen meals for a total of 120 delivered meals. Reallocated grant funds are being used to include a surprise package with delivered meals. Most recent delivery included a smoke detector donated from Oakville Fire department. Other items such as chocolates, a word search and a poppy were also delivered.
7.	<p>New Business</p> <p>a. Changes to Conservation Authority – A letter was drafted by Darlene Cox, expressing concerns regarding Schedule 6 of Bill 229. After reading the letter to the committee, a poll was taken with a 100% vote to send the letter signed by the Chair of the SWAG committee. Residents are encouraged to contact their local MPP to express concerns they have about the proposed changes to the environment that this Bill could allow.</p>
6.	<p>Information Sharing</p> <p>Oakville Seniors Services is organizing the sale of prepared Christmas dinners. There are a limited number of meals available. Three meals have been gifted. If you are aware of someone in need, please contact Julie Pennal. Customers pick up their own meals, however SWAG committee members and volunteers from the Friendship Luncheon Program have volunteered to deliver meals to those who are unable. A ZOOM or phone call visit has also been scheduled for those wishing to participate on December 25 at 12:30 pm.</p>
7.	<p>Date of next meeting – Wednesday, January 27, 2021 at 1:30 p.m. ZOOM</p>
8.	<p>Adjournment – The meeting was adjourned at 3:10 p.m.</p>