

## GRADE 3 - 12 LESSON PLAN IMPROVISATION

<p><b>Lesson Plan Information</b></p> <p>Grade: 3 - 12</p> <p>Subject: Arts (Drama)</p> <p>Language Arts (Oral Communication)</p> <p>Duration: 2 hours</p>	
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<p><b>Lesson Plan Overview and Objectives</b></p>
<p>These workshops build strong creative team work, revelations about what’s behind every social transaction and how drama can unfold spontaneously if we remove fear from the process. Reducing fear in performers allows for more confident performances and accurate portrayal of character and story, and frankly, make it more fun. These workshops can be used as a drama component and transfer well to building self-esteem, empathy and anxiety reduction for all.</p>

### AT QUEEN ELIZABETH PARK COMMUNITY AND CULTURAL CENTRE

<p><b>Improvisation</b></p>	
<p><b>Materials</b></p>	<p>Chairs, benches or cubes to sit on</p>
<p><b>Introduction</b></p> <p><b>Inspiration</b></p>	<p><b>Basics Covered</b></p> <p><b><i>Eye contact</i></b> Through improv games that stimulate and demand attentive behaviour, connecting by messaging, concentration and awareness. – this is difficult for students more used to looking into screens than real faces</p> <p><b><i>Social Interaction/Relationship/Team work</i></b> Using “status” exercises to build observation skills and physical intuition, confidence, empathy – choosing physical characteristics and emotions to relay attitude and personality</p> <p><b><i>Character Study</i></b> Using empathy/sympathy to understand someone else – trying a new point of view – putting yourself in another person’s shoes</p> <p><b><i>Failure Resilience</i></b> Practicing making mistakes – understanding failure as a process, with laughter and positive connections – fear reduction</p> <p><b><i>Character Study</i></b> using empathy/sympathy to understand someone else as well as trying on a new point of view</p> <p><b><i>Presentation</i></b> Performing/stage picture/projection/continuity in object work</p> <p><b><i>Storytelling</i></b></p>

	Collaborative storytelling, story building blocks, brainstorming and relinquishing control – moving from individual to cooperative storytelling
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**FOR TEACHER BACK AT SCHOOL – POST-VISIT ACTIVITIES**

<b>Post-Visit Activity</b>	Arts (Visual Arts, Drama, Dance), Language Arts (Writing)
<b>Materials</b>	Pencil, eraser, paper, crayon
<p><b>Writing – A poem</b> Students create a poem based on the theme of their Greek Theatre Mask. These poems can be displayed and illustrated.</p> <p><b>Drama</b> Students research the technique of miming - the theatrical technique suggesting character and emotion without words, by using gesture, expression and movements. In groups of 3, students create short skits in mime. Students present skits to their class.</p>	

**FOR TEACHER REFERENCE ONLY – CURRICULUM CONNECTIONS**

<b>Curriculum Expectations</b>
<p>The Arts (<b>Drama</b>)</p> <p>Topic Grade 4-8: Role/Character, Relationship</p> <p>Language Arts (Oral Communication)</p> <p>Topic Grade 3-12: Speaking to Communicate</p>