

Program Appendix

*The following programs were offered in the identified category during 2020

Service Area - General Programs

General Programs - Category A
Badminton Family
Basketball Family
Museum Walking Tour: Oakville and the Underground Railroad
Tennis Indoors Family - JR and SR
Volleyball Family
Yoga - Mother and Daughter
Yoga - Parent and Child
General Programs - Category B
ABC Discovery
Badminton JR/SR/Level 1/2
Badminton Summer - Beg to Int
Cricket JR/SR
Dodgeball Games JR and SR
Football
Hearts, Friends & Fun!
Hippity Hop, Easter is Coming Workshop
Hop, Skip, Jump, Read
Kidfit Jump and Play - Jr and SR
Let's Play Together
Love Bugs
Multisport JR and SR
Pickleball Basics
Power Play
Preschool Parented Workshops
Pumpkins, Paints & Poems
Sing and Play
Snow, Sleighs & Songs
Soccer Indoor JR and SR
Spring Has Sprung
Thanksgiving Fun
Volleyball - Youth/Level 1/2
Winter Wonderland Wonders & Tales
General Programs - Category C
123 Math for Me
Dance - Ballet
Dance - Boyz Beat
Dance - Bollywood Tots
Dance - Bollywood Family
Dance - Creative Dance Junior
Dance - Creative Dance Senior
Dance - Hip Hop Junior
Dance - Hip Hop Senior

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Dance - Lyrical
Dance Mix - Junior
Dance Mix - Senior
Energy 2 Burn
Imagination Stations
Mini School
Multi-Sport
Proud to be Me
Tiny Tots
General Programs - Category D
Cross Training Kids/Youth
Get Strong Girls
Kickbox Kids Jr/Sr/Youth
Pilates Youth
Skateboarding at Glen Abbey - Level 1
Squash JR/SR/Youth/Level 1/2/Games
Table Tennis Adults
Table Tennis Children
Tennis Adult Beginner/Intermediate (indoor/outdoor)
Tennis JR/SR/Level 1/2 (indoors)
Tennis Tykes/Junior/Senior Level 1/2 (outdoors)
Yoga - Children/Youth
Zumba Tots/Children/ Youth
General Programs - Category E
Archery Games
Archery Youth
CAN-BIKE Cycling Basics Level 2
CAN-BIKE Fundamentals of Cycling Level 2
Cupcake Craze JR and SR
Jr. NBA Basketball
Karate for Kids JR
Karate for Kids SR
Karate for Tykes - Junior and Senior Age
Karate Wado Ryu Orange Belt and Up Adults
Karate Wado Ryu Orange Belt and Up Youth
Karate Wado Ryu, Orange Belt and Up
Karate Wado Ryu, White to Yellow Belt
Karate Wado Ryu, White to Yellow Belt Adult
Karate Wado Ryu, White to Yellow Belt Youth
OHD Hockey Skills
Proud to be Me
Rock Climbing Level 1 and 2
Yoga - Youth

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General Programs - Category F

Hockey: OHD Girls Shooter Pad Lessons - Level 1
Hockey: OHD Girls Shooter Pad Lessons - Level 2
Hockey: OHD Girls Shooter Pad Lessons - Level 3
Hockey: OHD Goalie Pad Lessons Level 1
Hockey: OHD Goalie Pad Lessons Level 2
Hockey: OHD Goalie Pad Lessons Level 3
Hockey: OHD Shooter Pad Lessons Level 1
Hockey: OHD Shooter Pad Lessons Level 2
Hockey: OHD Shooter Pad Lessons Level 3
Skating

Service Area - Fitness

Fitness - Category A

Arriba
Begin to Spin
Bollywood Dance - Adult
Bollywood Dance - Family
Bootcamp
Bootcamp - Little Black Dress
Cardio/Body Sculpting
Cycle and Strength
Dance for Couples - Level 1, 2, 3
EQ Training
Healthy Back and Stretch
Heart and Sole Fitness
Zumba

Fitness - Category B

Kettlebell
Mindfulness, Meditation and Movement
Nordic Walking
Nordic Walking - Therapeutic Care
Pilates Level 1 and 2
Tai Chi 1
Tai Chi 2
TIME
Yoga - For Men
Yoga - Hatha
Yoga - Prenatal
Yoga - Vinyasa Flow
Yoga- Core
Yoga- Introduction
Yogalates Level 1

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Fitness - Category C

Kickbox Fit

Fitness - Category D

Weight Training Women

Fitness - Category E

Eldoa

Service Area - Aquatics

Aquatics Category A

Swim to Survive

Aquatics Category B - discontinued

Aquatics Category C

Novice Swim Team

Aquatics Category D

AquaAdult 101/201/301

Endurance Training - Adult

Female Only Introduction to Water (AquaAdult 101)

Female Only Swim For Fitness (AquaAdult 301)

Female Only Swim to Survive (AquaAdult 201)

Female Only Swimmer 8/9/10

Introduction to Water (AquaAdult 101)

Lifesaving Fitness

Senior Swimming Lessons

Swim Fit - Junior

Swim Fit - Youth

Swim for Fitness (AquaAdult 301)

Swim to Survive (AquaAdult 201)

Swimmer 10 (Star Patrol)

Swimmer 8 (Rookie Patrol)

Swimmer 8/9 (Rookie/Ranger Patrol)

Swimmer 8/9/10 (Rookie/Ranger/Star)

Swimmer 9 (Ranger Patrol)

Swimmer 9/10 (Ranger/Star Patrol)

Triathlon Training - Adult

Youth 101

Youth 101/201

Youth 201

Youth 301

Aquatics Category E

Aquacycle (Hydroriding)

Therapeutic Water Exercise

Aquatic Bone and Joint Therapeutic Care

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Aquatics Category F

Back Crawl Clinic
Breast Stroke Clinic
Diving-Springboard-Adult/Youth
Diving-Springboard-CADA Level 1
Diving-Springboard-CADA Level 1/2
Diving-Springboard-CADA Level 2
Diving-Springboard-CADA Level 3/4
Front Crawl Clinic
Leadership Skill Session
Oakville Lifesaving Club - Junior
Oakville Lifesaving Club - Youth
Personal Best
Swimmer 4 Improvement Clinic
Swimmer 5 Improvement Clinic
Swimmer 6 Improvement Clinic
Synchro Skills and Drills - Adult
Synchro Skills and Drills - Child
Synchro Skills and Drills - Youth
Synchronized Sampler - Level 1
Synchronized Sampler - Level 2
Synchronized Swimming - Adult
Synchronized Swimming - Child
Synchronized Swimming - Teen
Synchronized Swimming - Youth
Whipkick and Eggbeater Clinic

Aquatics Category G

Camp Swimming Lessons
Camp Swimming Lessons - IRCC
Family Swim Lessons
Parent and Tot 1
Parent and Tot 1/2
Parent and Tot 1/2/3
Parent and Tot 2
Parent and Tot 2/3
Parent and Tot 3
Preschool A
Preschool A/B
Preschool A/B/C
Preschool B
Preschool B/C
Preschool C

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Preschool C/D
Preschool D
Preschool D/E
Preschool E
Swimmer 1
Swimmer 1/2
Swimmer 2
Swimmer 2/3
Swimmer 3
Swimmer 3/4
Swimmer 4
Swimmer 5
Swimmer 5/6
Swimmer 6
Swimmer 6/7
Swimmer 7 (Fitness Swimmer)
Aquatics Category H
Adapted Aquatics - Aquadapt
Aquatics Category I
Semi-Private Swim
Aquatics Category J
Private Lessons - Child and Youth
Private Lessons - Preschool & Beginner
Private Lessons - Adult Swim
Aquatics Category K
Swimmer 1 H3O
Swimmer 2 H3O
Swimmer 3 H4O
Swimmer 4 H4O
Swimmer 5 H4O
Swimmer 6 H4O

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Service Area - Aquatic Leadership Stream

Aquatics Leadership Category - Pre-courses
Pool Pals
Pre-Bronze Skill Session
Pre-National Lifeguard
Aquatics Leadership Category - Challenge Exams
Bronze Cross Challenge Exam
Bronze Medallion Challenge Exam
Aquatics Leadership Category - Advanced Leadership
Aquatic Supervisor Training
Aquatic Supervisor Training Instructor
Examiner
LSS Sport Coach Level 1
National Lifeguard Instructor
Standard First Aid Instructor
Trainer

Service Area - Camps

Camp - Category A
Leader in Training
March Break Sizzlers for Juniors
March Break Sizzlers for Seniors
March Break Sizzlers for Tots
March Break Sizzlers for Tykes
Summer Sizzlers for Juniors
Summer Sizzlers for Seniors
Summer Sizzlers for Tots
Summer Sizzlers for Tykes
Aquatic LIT
Camp - Category B
Craft and Tour at the Museum
Museum Summer Camps
P.A. Day Afternoons at the Museum
Tiny Tots Discovery
Camp - Category C
Art Smart Junior
Art Smart Senior
Camp All-Star
Carpenter's Apprentice
Culinary Kids Summer Camp
Curtain Call
Digital Dimension
Dip Kick & Swing
Glee Camp Junior

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Glee Camp Senior
Holiday Happenings: Frequent Flyers
It's All About Clay!
Lil-sports Camp
Little Picasso
Little Splinters
March Break - Beetle Bugs
March Break - Bonanza
March Break - Break Out
March Break - Oakville Lifesaving Camp
March Break at the Museum
March Break Magic Camp
March Break Mix
March Break Studio Art Camp Junior
March Break Studio Art Camp Senior
More Than Babysitting Leadership Training
Museum Material World
Museum Motion & Commotion
Need for Speed Competitive Swim Camp
Oakville Cycle Camp
Oakville Lifesaving Camp - Junior
Oakville Lifesaving Camp - Senior
Oakville Sport Development Camps
P.A. Day - Frequent Flyers Age 6-12
P.A. Day Camp - Glen Abbey
Scout it out @ the Museum
Sizzlers Splash
So you Think You Can Dance Oakville Junior
So you Think You Can Dance Oakville Senior
Splish Splash Swim Camp
Squishy Sculpture
Summer Sport and Hockey Camp - Junior
Summer Sport and Hockey Camp - Senior
Summer Sport and Hockey Camp - Tyke
Summer Sport and Skating Camp- Junior
Summer Sport and Skating Camp- Senior
Summer Sport and Skating Camp- Tyke
Swim Leadership and Tennis Camp
Swim, Bike, Run - Wanna Tri?
Tales from Long Ago
Ultimate Sports Camp

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Camp Category D

Hockey Preseason Conditioning Camp

Musical Theatre

Oakville Soccer Camp - Junior

Oakville Soccer Camp - Senior

Pack and Play

Robotics Jr.

Robotics Sr.

Rock and Wave

Summer Eco-adventure Camp

Camp Category E

Aqua Adventure Camp

Girls Multisport Camp

Holiday Art Camp

Lil Sports Camp

P. A. Day Art Camp - Junior

P. A. Day Art Camp - Senior

Spa Day

Summer Golf and Sport Camp

Synchronized Swimming Camp

Teen Adventure Program

Camp Category F

Girls Hockey and Activity Camp

Hockey Skills with the Oakville Blades

Learn to Skate Camp with Skate Oakville

Mini Museum Explore Fairy Tales

Mini Scout it Out @ the Museum

Museum Tot's n Pots

Shoot and Swing, Summer Golf and Hockey Camp-Junior

Shoot and Swing, Summer Golf and Hockey Camp-Senior

Shoot and Swing, Summer Golf and Hockey Camp-Tyke

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Camp Category - G- Busing and Before/After care
After Care - Museum March Break
After Care - Museum Summer Camp
Before and After Care - Holiday Art Camp
Before and After Care - Holiday Camp
Before and After Care - March Break
Before and After Care - March Break Studio Art Camp
Before and After Care - P.A. Day Art Camp
Before and After Care - P.A. Day Camp
Before and After Care - Summer Camps
Queen Elizabeth Park - Camp Bus 1
Queen Elizabeth Park - Camp Bus 2
One on One support -Additional fee added to Camp registration based on category

Service Area - Seniors

Senior Category A
Bridge
Lecture Series
Senior Category B
Pickleball
Senior Category C
Art
Drawing
Painting
Music Lessons
Languages
Senior Category D
Fitness
Tai Chi
Yoga
Dance
Senior Category E
Pilates
Senior Category F
Computer Lessons
Seniors Category G
Workshops

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Cultural Programs

Culture Category A
All about Minecraft - Child
Beat Making and Djing - Child
Beat Making and Djing - Summer Studio Child
Beat Making and Djing - Summer Studio Youth
Beat Making and Djing - Youth
Beat Making and Djing Workshop - Child
Bookbinding Workshop - Youth
Bookbinding Workshop (Parented) - Child
Clay Easter Egg Cups Workshop (Parented) - Child
Clay Hallowe'en Lanterns Workshop (Parented) - Child
Clay Kids Senior Summer Studio
Clay Ornaments Workshop (Parented) - Child
Clay Halloween Lanterns Workshop (Parented) - Child
Clay Eatser Egg Workshop (Parented) - Child
Clay Sculpting - Youth
Clay Sculpting Junior
Clay Sculpting Senior
Clay Sculpting Studio - Child
Clay Summer Patio Food Platter Workshop (Parented) - Child
Crafty Kids Summer Studio
Digital - 3D Printing Child
Digital - 3D Printing Youth
Digital - 3D Printing Workshop Youth
Digital - Graphic Design Summer Studio Youth
Digital - Graphic Design Youth
Digital - Photography Child
Digital - Photography Youth
Digital - Website Design Youth
Digital - Website Design Summer Studio Youth
Digital - Website Design Child
Digital Discoveries
Drawing - Anime and Manga Senior
Drawing - Anime and Manga Youth
Drawing - Cartooning and Caricature Junior
Drawing - Cartooning and Caricature Senior
Drawing - Cartooning and Zines Workshop Child
Drawing - Classical Animation Youth
Drawing and Painting Junior
Drawing and Painting Level 1 Child
Drawing and Painting Level 1 Youth
Drawing and Painting Level 2 Child
Drawing and Painting Level 2 Youth
Drawing and Painting Junior
Drawing and Painting Senior
Drawing and Painting Senior Summer Studio
Drawing and Painting Summer Studio Junior
Drawing and Painting Summer Studio Youth
Fashion Designer Summer Studio Youth

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Film Making - Child
Film Making - Youth
Fun with Fibre
Music - Glee Club
Music - Record a Cover Song Workshop
Music - Steel Pan
Painting Pet Portraits Workshop (Parented) - Child
Paper Crafting
Photoshop, Powerpoint and Publisher Child
Printmaking Holiday Cards Workshop Child
Printmaking Level 1 - Child
Printmaking Level 1 - Youth
Printmaking Valentines Cards Workshop (Parented) - Child
Sewing - Level 1 Child
Sewing - Level 1 Youth
Sewing - Level 2 Child
Sewing - Level 2 Youth
Wood Wobot Holiday Ornaments Workshop Child
Woodworking - Level 1 Youth
Woodworking - Level 2 Youth
Woodworking - Summer Studio Child
Woodworking - Summer Studio Youth
Woodworking Child
Yarn Untangled
Culture Category B
Art Adventures
Art Adventures Summer Studio
Art Adventures Workshop
Art Explorers
Art Explorers Summer Studio
Art Explorers Workshop
Clay Adventures
Clay Explorers
Clay Explorers Summer Studio
Kids and Crafts

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Culture Category C
Bookbinding Level 1 - Adult
Bookbinding Level 2 - Adult
Ceramics - Friday Night Work Week Wind Down
Clay Basics 1
Clay Basics 2
Clay Ornaments Workshop
Clay Patio Planter Workshop Adult
Clay Wheel Throwing
Design - Residential Landscape
Design - Wreath Making Workshop
Digital - 3D Printing Workshop Adult
Digital - Photography Level 1
Digital - Photography Level 2
Drawing - Level 1 Adult
Drawing - Level 2 Adult
Drawing - The Figure Workshop
Drawing with Pastels - Friday Night Work Week Wind Down
Drawing and Painting Level 1
Drawing and Painting Level 2
Fibre Arts - Knitting Workshop Adult
Fibre Arts - Knitting Level 1 Adult
Fibre Arts - Friday Night Work Week Wind Down Adult
Monogram Embroidery Workshop
Painting - Friday Night Work Week Wind Down
Painting - Level 1 Adult
Painting - Level 2 Adult
Printmaking Level 1
Printmaking Level 2
Sewing - Level 1 Adult
Sewing - Level 2 Adult
Wood Carving - Friday Night Work Week Wind Down
Woodworking - Friday Night Work Week Wind Down
Woodworking - Level 1 Adult
Woodworking - Level 2 Adult
Woodworking - Outdoor Furniture Bench Adult
Woodworking - Tablesaw Workshop Adult
Woodworking Holiday Gifts

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Culture Category D

Culinary Collage Child
Culinary Collage Youth
Culinary Collage
Holiday Baking Workshop Youth
Holiday Baking Workshop Child
Pasta Making from Scratch - Child
Pasta Making from Scratch - Adult
Valentines Baking Workshop (Parented) - Child
Valentines Baking Workshop Youth
Baking Bonanza Summer Studio Child
Baking Bonanza Summer Studio Youth
Baking Bonanza Adult

Youth

Youth Category A

S.T.A.R.

Youth Category B

Bike Maintenance and Repair Workshop
Employment Readiness
Junior Engineers Workshop - Child
Junior Engineers Workshop - Youth