

**The Town of Oakville**

**Department of Recreation & Culture**

**Seniors' Working Action Group (SWAG) - We're Age Friendly**

**Minutes – Wednesday, November 26, 2025**

**In Attendance:** Darlene Cox, Ted Lambert, Margaret Kirwin, Pierre Wong, Michelle Cleary, Pat Moore, Bev Cathro, Councillor Duddeck, Michelle Nichols, Brent Copeland

**Regrets:** Rachel Fraser, Ruth Sheridan, Micheline Wheeler, Julie Pennal

**Guest:** Mary Dimas – Sustainable Transportation Program, Oakville Trails

**Councillors Janet Haslett-Theall and Dave Gittings – MidTown Development, TOC vs OPA**

**Minutes:** Kelly Meeussen

1.	<b>Call to Order:</b> by Darlene Cox – 1:30 p.m.
2.	<ul style="list-style-type: none"><li>• <b>Mary Dimas – Sustainable Transportation Program</b><ul style="list-style-type: none"><li>○ Review of Transportation Demand Management projects, monitoring program, Active Transportation Master Plan.</li><li>○ Smart Commute – incentivising through campaigns and mobile application tool.</li><li>○ Active and School Streets Sustainability Hub – group meets monthly.</li><li>○ Transportation Master Plan 2025 – sustainable transportation modes, improve job quality, foster economic development, leverage new technologies.</li><li>○ Bike Friendly Community – segregated multi-use trails, dedicated funding, increased investments in engineering, dedicated funding for Active Transportation studies, strong cycling education, CAN-BIKE courses, etc.</li></ul></li></ul>
3.	<ul style="list-style-type: none"><li>• <b>MidTown Review – Councillors Janet Haslett-Theall and Dave Gittings</b><ul style="list-style-type: none"><li>○ Review and update of MidTown project provided.</li><li>○ Encourage public to attend general meetings and provide input.</li><li>○ Read <a href="http://www.weloveoakville.org">www.weloveoakville.org</a> to get updates and find out how to fight the TOC being forced on Oakville by using the Province's MZO's, instead of using the OPA presented by Oakville</li><li>○ Lawn signs are now available</li></ul></li></ul>
4.	<b>Attendance / Regrets – Regrets as noted.</b>
5.	<b>Acceptance of previous Minutes / Agenda</b> Ted Lambert, Michelle Cleary, seconded by Bev Cathro. Carried.
6.	<b>Update from Rachel Fraser – no update this month</b>  <b>Standing Agenda Items</b>

7a.	<p><b>Councillor Cathy Duddeck update:</b></p> <p>Budget deliberations will continue at the Town of Oakville.</p> <p>Halton Region is also going through the Budget process and will deliberate the proposed budget (including the 8.4 % police increase). The projected increase in regional taxes is 6.4%.</p> <p>Coronation Park is going to have their Christmas light display again this season – commencing Dec. 1<sup>st</sup>. The Oakville Firefighters will host their annual toy drive thru with Santa Dec. 12<sup>th</sup> from 5 – 9 pm</p> <p>The Automated Speed Camera program has ceased as of Nov 14<sup>th</sup> and the town will be receiving some funding from the provincial government to assist in the costs (contract to third party provider) to cancel that contract.</p> <p>I will be bringing forth a motion at Regional Council to address the abuse of U-turns at major intersections (predominantly regional roads; Dorval, Trafalgar, Bronte Road, Upper Middle Road and Highway 5). The number of vehicles using a U-turn at intersections has increased considerably. Not only is this a safety issue but also a road rage concern.</p> <p>The province is taking over the recycling program from Halton Region and there will be no difference for homeowners – the changes will relate to new condominiums and commercial properties not having the service provided to them. The Region will be communicating more about the program prior to January 2026.</p> <p><b>Meals on Wheels – Michelle Nichols</b></p> <p>b. The holidays are fast approaching, and we're busy building in holiday meals and gifts to help lift the spirits of our clients. Isolation and loneliness can be especially hard during this season, and we want to make sure everyone feels cared for.</p> <p>We're proud to be partnered with the Halton Hamilton United Way Helping Hands Program, which helps us bring extra joy and support to those who need it most.</p> <p><b>Fundraising:</b></p> <p><b>Volunteer Opportunities</b></p> <p>We're currently looking for passionate individuals to join our team to help us continue to Drive Care into our Community in the following roles:</p> <ul style="list-style-type: none"> <li>• Board of Directors – Specialists in Fundraising, Finance, and Secretary roles</li> </ul>
-----	--

- Drivers – Weekly drivers needed, especially on Monday, Thursday, and Friday
- Spare Drivers – Help fill in for vacations or illness

If you know someone who might be interested, please help us spread the word! Get Involved – Oakville Meals on Wheels

### **Holiday Hours**

Monday December 22	Closed at 1:00 PM
Tuesday December 23	Closed at 1:00 PM
Wednesday December 24	Closed at 1:00 PM
Thursday December 25	Closed and NO Meal Delivery
Friday December 26	Closed and NO Meal Delivery
Monday December 29	Closed at 1:00 PM
Tuesday December 30	Closed at 1:00 PM
Wednesday December 31	Closed at 1:00 PM
Thursday January 1	Closed and NO Meal Delivery
Friday January 2	Closed at 1:00 PM

### **Senior Connector Update – Pat Moore**

#### **Crime Prevention Tips**

Senior Connector Report for November 26th.

- b. Please find attached Frauds & Scams information from Elder Abuse Prevention Ontario  
How to recognize and protect yourself from Gift Card Scams - Tips for Seniors.  
[https://eapon.ca/wp-content/uploads/2024/12/Infographic\\_Gift-cards-scam-4.pdf](https://eapon.ca/wp-content/uploads/2024/12/Infographic_Gift-cards-scam-4.pdf)  
Please find attached Frauds & Scams information from Halton Regional Police Service.  
<https://www.haltonpolice.ca/en/staying-safe/safety-for-seniors.aspx>  
January 1, 2026, changes to Curb Side Collection from Halton Region  
Curb side Collection and Waste Sorting Guide

	<p>- <a href="https://www.halton.ca/for-residents/recycling-waste/curbside-collection-and-waste-sorting-guide">https://www.halton.ca/for-residents/recycling-waste/curbside-collection-and-waste-sorting-guide</a></p>
c.	<p><b>enVISION Oakville Update – Ruth Sheridan.</b> We now have 32 members.</p> <p><b>November Meetings:</b></p> <p><b>#225 (In Person)</b></p> <p><b>#226 (Virtually)</b></p> <p>19 of our members, including family, friends and supporters Will be attending the Oakville Symphony Orchestra Christmas concert.</p> <p>The concert is on Sunday, December 14 at the Centre for Performing Arts in Oakville, on 130 Navy St.</p> <p><b>OAAC - Darlene Cox</b></p> <ul style="list-style-type: none"> <li>• An update on the Wheeled Cart Project by Shirley McLean, Special Project Advisor, and Nicole Watt, Waste Diversion Education Coordinator, Halton Region was provided.</li> <li>• As of January, 2026, blue box service will no longer be collected by Halton Region. It will be a provide provider but will be on the same day using the same boxes.</li> <li>• New garbage bins are being slowly fazed in and homeowners will have a choice of a 240 litre wheeled cart or a 120 wheeled one.</li> <li>• Assistance will be available for those unable to use the bins.</li> <li>• For more information visit <a href="http://halton.ca">halton.ca</a> or call 311</li> </ul> <p><b>Older Adult Isolation Table - Julie Pennal</b></p> <ul style="list-style-type: none"> <li>• No report this month.</li> </ul> <p><b>Links2Wellbeing – Kelly Meeussen</b></p> <ul style="list-style-type: none"> <li>• One more Links2Wellbeing referral from Halton Healthcare Hospital Social Workers in the Neuro Rehab department.</li> <li>• Partnered with the hospital to start a Stronger &amp; Steadier program which started in November. There has been a positive response with registrations at QEP and IROAC for the exercise program.</li> <li>• Jolaine had a conversation with a volunteer from St. Matthew's church who is involved in the St. Vincent De Paul program. They visit seniors in their homes and</li> </ul>

	<p>connect them with services. There may be more referrals coming from that organization.</p> <ul style="list-style-type: none"> <li>• Referrals continue to come in from the Oakville hospital.</li> </ul>
	<p><b>Business Arising</b></p> <p>a. <b>Christmas breakfast at the Colborne Centre: Thursday, December 11 at 10:30 a.m. Please RSVP on or before December 9</b></p> <p>b. Debra Pope – Cyber Security – January</p> <p>c. MPP Stephen Crawford – asked to speak but no confirmed date.</p> <p>d. Facility tour at Sixteen Mile Creek in January when occupancy is granted. - <i>TBD</i>.</p> <p>e. Therapy pool will be available at Sixteen Mile Creek with full accessibility. It will be larger than Oakville Trafalgar Community Centre.</p> <p>f. Seating will be available throughout the facility.</p>
8.	<b>Information Sharing –</b>
9.	<p><b>Next meeting – Wednesday, January 28 at 1:30 p.m. at Colborne Centre with Zoom option.</b></p> <p><b>Christmas Brunch at the Colborne Centre – Thursday, December 11 at 10:30 a.m. Room A/B. Please RSVP with Julie Pennal at <a href="mailto:julie.pennal@oakville.ca">julie.pennal@oakville.ca</a></b></p>
10.	<b>Meeting adjourned at 3:30 p.m.</b>