



# The Town of Oakville

## Department of Recreation & Culture

### Seniors' Working Action Group (SWAG) - We're Age Friendly

Minutes – Wednesday, April 22, 2026,

**In Attendance:** Darlene Cox, Pat Moore, Bev Cathro, Ruth Sheridan, Micheline Wheeler, Julie Pennal, Margaret Kirwin, Michele Cleary, Councillor Duddeck, Brent Copeland, Pierre Wong.

**Regrets:** Ted Lambert, Michelle Nichols

**Guests:** Doug Kelley, chair of OAAC Communications Committee (SWAG consultation on the proposed updated Halton Older Adult Directory)

Following a comprehensive review, the committee shared suggestions and provided input in the new Older Adult Directory. Doug Kelley will take all suggestions and edits back to the OAAC for review and edits.

**Minutes:** Kelly Meeussen

#### 1. Call to Order

- Darlene Cox – 1:30 p.m.
- Following a comprehensive review, the committee shared suggestions and provided input for the revised Halton Older Adult Directory with Doug Kelley, Chair, OAAC Communications Committee. Doug will take all suggestions and edits back to OAAC for review and edits, and he was very appreciative of the SWAG committees very helpful suggestions.

#### 2. Attendance / Regrets

Regrets as noted.

#### 3. Acceptance of previous Minutes / Agenda

Pat Moore, seconded by Margaret Kirwin, Carried.

#### 4. Update from the Town of Oakville - Brent Copeland

- Just a reminder that the Sixteen Mile Creek Sports Complex will be hosting a grand opening on May 30.

## 5. Standing Items:

- Councillor update: - Cathy Duddeck

This past month has been a very busy one at both the local and regional level.

On March 23, 2026, the Council received information that was considered “confidential” and therefore was closed to the public. Members of Council are not permitted to share what was voted on in camera – the only thing they are able to share is who voted in support and those who were opposed.

Opposed: Councillor O’Meara, McNeice, myself, Haslett-Theall, Gittings and Elgar

Supported: Councillor Chisholm, Longo, Mayor Burton, Knoll, Grant, Adams, Lishchyna, Nanda and Xie.

Subsequent to that meeting the province issued an MZO (Ministerial Zoning Order) pertaining to the Midtown Development (TOC) Transit Oriented Community. The 4 orders stipulated that the developer, Distrikt, would be permitted to build 11 buildings in total across four sites of varying heights, up to 56 storeys.

Navigation Canada had previously sent a letter to Distrikt, advising that Nav Canada had concerns regarding the heights and the maximum permitted under their guidelines was 38 storeys.

The mayor has advised that he is hoping to work with the province to reduce the heights to 38 storeys. He has further advised that footprint changes may enable this to be accomplished.

At the most recent Regional Council meeting a unanimous motion was passed (Mayor Burton was the only absence at the meeting) to oppose the Province’s Bill 100. Bill 100 is implementing changes to 8 different regions (including Halton) to remove the Regional Chair from being elected to being “appointed” by the province. In addition to being appointed and not elected that one person would also be giving “Strong Chair Powers”

- Appoint or dismiss the Chief Administrative Officer and division heads
- Direct staff and determine the organizational structure of the region.
- Create and assign functions to committees, including appointing chairs and vice-chairs.
- Bring forward matters tied to provincial priorities for council consideration.

- Veto certain by-laws if they believe they could interfere with provincial priorities

Halton Regional Council is on record as opposing this legislation and requesting that Halton residents retain the right to vote/elect their Regional Chair.

Municipal elections are taking place in October of this year, and nominations are open May 1 and closing August 27<sup>th</sup>.

I want to share with the Committee that I will not be seeking re-election in the upcoming fall election. I will be maintaining my role on this committee until the election and trust another member of council will step forward to fill this position.

It has been an absolute pleasure to serve on this committee, and I commend the Seniors' Working Advisory Group for their advocacy on behalf of seniors throughout the community. Your efforts continue to be having a lasting impact on the lives of many in our town – keep up the good work!

- Meals on Wheels – Michelle Nichols
- No report
- Senior Connector Update – Pat Moore
- Pat shared information about a trail camera installed in Milton that has been used for suspected residential break and enters. She also shared crime prevention tips, such as lock and secure doors, windows and fenced gates. Use home security systems, motion lighting, etc. Notify neighbours that you are away, store valuables in a secure, well-hidden space. Do not advertise that you are travelling on social media. Leave a second car in the driveway. Review your insurance as you may not be covered if your home has not been visited while you are away.
- enVISION Oakville Update – Ruth Sheridan

Two members of our support group completed training to become volunteers with the CNIB. CNIB used the platform Zoom to celebrate a Volunteer Appreciation Event.

- OAAC - Darlene Cox

Connection In Action Initiative Update by Patricia Blakeley, Co-Chair, Older Adult Isolation Action Table. She provided an update on the Older Adult Isolation Action Table and the Connection In Action Initiative. Information is available on [www.ConnectionInAction.ca](http://www.ConnectionInAction.ca) and [Hello@ConnectionInAction.ca](mailto>Hello@ConnectionInAction.ca)

- Older Adult Isolation Table - Julie Pennal
- No report
- Links2Wellbeing – Kelly Meeussen
- No report

## 6. Business Arising – Future Guest Speakers

- AI presentation April 2 Virtual – Please register using the link below:
  - [https://us02web.zoom.us/meeting/register/fYgTG074S\\_aZg60bPZ1iSQ](https://us02web.zoom.us/meeting/register/fYgTG074S_aZg60bPZ1iSQ)
  - If you require assistance, please contact Kelly at 905-815-5960

Andy Lui and Angela Parsons, Challenge Golf – May 27

MPP Stephen Crawford – June 24

## 7. Information sharing

- Men's Shed event April 30 at 10:30am QEPOAC
- Nursing Homes Without Walls to be discussed further
- Should SWAG be involved in promoting Seniors' get vaccines? It was agreed that this was something out of scope for SWAG.

## 8. Date of next meeting

**Wednesday, May 27 at 1:30 p.m. in person with Zoom option.**

## 9. Adjournment

3:40 p.m.